

Customer case study

Guidance on how to move forward into work after graduating from university

Thomas came to the National Careers Service after feeling unsure about how to find work after graduating from university. He said he **“felt lost”** after graduating and did not have clear career goals but this is where the National Careers Service came in.

He had a telephone appointment with Saima, a National Careers Service Careers Adviser. Saima supported Thomas to explore a range of career paths which would fit his skills, experience and education. They reviewed his CV, highlighting where it could be improved and building a new CV step by step. Saima also signposted Thomas to the CV and interview skills resources on the National Careers Service website and highlighted a range of national and local job searching websites he could use to find vacancies.

Thomas has now moved into employment with a local council as a Business Services Analyst and he says that **“The interview skills and CV I now have gave me the edge to get the job in the end.”** He feels his work with the National Careers Service has improved his confidence and he would particularly recommend the service to other graduates who need help finding work, saying **“If you really feel like you don’t know what to do after you’ve graduated it can be very helpful.”**

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